

Ocean State Oral Surgery Center, LLC.
468 Smithfield Road, North Providence, RI 02904
Office: 401-353-1515
Emergency: 401-788-2877

Post-Operative Care Following Surgical Endodontics (Apicoectomy):

1. Do not lift or pull on lips. This may cause tearing out of the sutures.
2. Some swelling and discoloration is normal and will gradually disappear.
3. To minimize swelling, use ice pack application on the face, over the operated area. The pack should be used - on for 20 minutes, off for 10 minutes - and should be continued during the first day only.
4. Starting tomorrow, rinse with warm salt water (1/2 teaspoon to 8 oz. of warm water), as often as possible. Continue this rinsing for one week.
5. Eat foods that will be nourishing but will not require vigorous chewing the first several days, i.e., eggs, soups, milk shakes, etc.
6. Slight bleeding, pain or swelling, during the first couple of days, is normal.
7. Brush your teeth, but do not brush in the operated area. Mouthwash may be used.
8. For pain – ibuprofen, Advil, Motrin or Aleve is recommended. Follow the manufactures instruction on the bottle. The doctor may also prescribe antibiotics and narcotic pain medication; these should be taken as directed.
9. If there is an elevated temperature, excessive bleeding, swelling or uncontrolled discomfort, please call the office.
10. There will be a two-week follow appointment to evaluate the area where you had surgery and to remove any sutures if necessary.